

Prompt #1



Write about or **draw** your answers!

1. The person I spent the most time with:
2. A person I wish I had seen more:
3. The person/people I celebrated my birthday with:
4. A person I met for the first time:

**Lost&
Found**

Prompt #2



Write about or **draw** someone special you spent time with during the pandemic.

- Who was it?
- What did you do together?
- Do you still know them?

**Lost&
Found**

Prompt #3



Write about or **draw** a memory of something you did together as a family or with friends during the pandemic.

- How did it make you feel?
- Do you remember different things about the event?

**Lost&
Found**



Prompt #1



Tell us about someone special you spent time with during the pandemic.

- Who was it?
- What did you do together?
- Do you still know them?

**Lost&
Found.**

Prompt #2



Tell us about:

- The person you spent the most time with
- A person you wish you'd seen more
- A person who helped you
- The people/person you celebrated your birthday with
- A person you met for the first time

**Lost&
Found.**

Prompt #3



Tell us about a memory of something you did together as a family or with friends during the pandemic.

- How did it make you feel?
- Do you remember different things about the event?

**Lost&
Found**

Prompt #4



- **Share** a favourite family song or rhyme!
- **Share** some of the sounds you heard during the pandemic.

**Lost&
Found**

Prompt #1



Act out a time you met someone new during the pandemic.

- Who was it? Do you still meet them? Try to imitate how they move.
- How did it make you feel? If you want, you can pick an **Emotion Card**.

**Lost&
Found**

Prompt #2



Show us an activity you did as a family or with friends during the pandemic, using movement.

- Do you remember different things about the event?
How are your movements different?
- How did it make you feel?

**Lost&
Found**

Prompt #3



Move like different friends or family members. How do they:

- Eat
- Walk
- Play

**Lost&
Found.**
