

Prompt #1



During the pandemic I tried _____ for
the first time. I liked/didn't like it because _____

_____.

- If you like, pick an **Emotion Card** from the deck.
- **Write** or **draw** more about it!

**Lost&
Found.**

Prompt #2



During the pandemic I saw _____ for
the first time. I liked/didn't like it because _____

_____.

- If you like, pick an **Emotion Card** from the deck.
- **Write** or **draw** more about it!

**Lost&
Found.**

Prompt #3



Write about or **draw** a memory of something new you did together during the pandemic.

- What was it?
- How did it make you feel?
- Do you each remember different things about the event?

**Lost&
Found.**

Prompt #4



For caregivers

Write about or **draw** a story that you would like to share with your little one when they grow up, about an experience you had together during the pandemic.

**Lost&
Found.**

Prompt #1



Tell us about a time you tried something new during the pandemic.

- What was it?
- How did it make you feel? If you want, pick an **Emotion Card** that matches your feelings.

Lost&Found.

Prompt #2



Tell us about a memory of something new you did together during the pandemic.

- How did it make you feel?
- Do you remember different things about the event?

Lost&Found.

Prompt #3



For caregivers

Tell us about a story that you would like to share with your little one when they grow up, about an experience you had together during the pandemic.

**Lost&
Found.**

Prompt #4



Sing a new song or rhyme you learned during the pandemic.

Share some of the other sounds you heard during the pandemic.

**Lost&
Found.**

Prompt #1



Show us something new you tried or did during the pandemic. Have someone else guess what it was!

How did it make you feel? If you want, pick an **Emotion Card** that matches your feelings

**Lost&
Found.**

Prompt #2



Act out something new you did together during the pandemic.

- How did it make you feel?
- Do you remember different things about the event?

**Lost&
Found.**

Prompt #3



Pretend or **show us** one of the following:

- Making your favourite pandemic food
- Getting ready to go outside during the pandemic
- A dance you did together
- Washing your hands during the pandemic

**Lost&
Found.**
